

Unique, personalised physio treatments for meaningful recovery of mobility and function.

# **Our services**

### Neurological physiotherapy

Specialised neurological physiotherapy focusing on the recovery of movement after injury to the central nervous and neuromuscular systems.

## Aquatic physiotherapy and gym programs

Aquatic physiotherapy and gym programs make it possible to set incremental goals to develop strength, agility and mobility, as well as enhancing mental wellbeing.

## Respiratory physiotherapy

Minimising and preventing pneumonia, reversing lung collapse, and optimising lung function are just some of the ways we support clients with neuro-respiratory difficulties.

## Wheelchairs and seating

Prescribing and modifying manual wheelchairs, power wheelchairs, cushions, back supports and seating systems.

#### Online consults

Online physiotherapy delivering honest, reliable advice from a highly experienced physiotherapist in the comfort of the client's home. Available for both new patients and existing patients.

# **Contact us**

To make a referral to our team at Active Edge Physio, please complete the referral form on our website:

active-edge-physio.com.au/referralform/

We'll be in touch within 24 hours (on week days) to explore the best way forward.

You can also contact us via the following:

- (03) 8609 1019
- reception@active-edge-physio.com.au
- Active Edge Physio Pty Ltd PO Box 388 Boronia Vic 3155



# We take a varied, holistic approach to help keep you engaged, motivated and reaching your potential.

## **Our values**

Our clients deserve the highest standard of care and to be treated as individuals. We take the time to thoroughly build a full picture of their medical history, learning everything we can about a client's disability, how it impacts their daily life, and where their goals sit in the context of their daily living. Working with clients in their own home provides invaluable insights into how we can help make their lives easier and support them in reaching their goals.

# **Our team**

We have a specialised team of mobile physiotherapists with a unique depth of knowledge and skills. Everyone on our staff has extensive experience in neuro-respiratory disorders and together, we love helping our clients achieve their goals. Our expert physios are trained to thoroughly assess all of a person's impairments and how they interact in every facet of their life.

